Dear Captain,

I will be a passenger on your flight today. As you know, when it comes to flying there are many people who have anxieties and concerns. I have recently graduated from an online course which has helped me feel better about flying. In the process I have learned much about aviation. I now appreciate how well qualified and trained the crew is and how safe flying can be. I know that you will make our flight as safe, smooth and comfortable as possible. Thank you for your expertise and understanding.

Respectfully yours,

(Signature)



Free Online Fear of Flying Help Course www.fearofflyinghelp.com